

**2009-2010 PIAA District 6 & 9 Regional
Swimming & Diving Championships
“AAA” Qualifying Times**

<u>EVENT</u>	<u>“AAA” GIRLS</u>	<u>“AAA” BOYS</u>
1. 200 yard Medley Relay	1 team/school	1 team/school
2. 200 yard Freestyle	2:19.00	2:14.00
3. 200 yard Individual Medley	2:36.00	2:26.00
4. 50 yard Freestyle	28.80	26.30
6. 100 yard Butterfly	1:14.00	1:11.00
9. 200 yard Freestyle Relay	1 team/school	1 team/school
7. 100 yard Freestyle	1:04.00	59.00
8. 500 yard Freestyle	*6:30.00	*6:05.00
10. 100 yard Backstroke	1:14.50	1:11.00
11. 100 yard Breaststroke	1:22.00	1:17.00
12. 400 yard Freestyle Relay	1 team/school	1 team/school
5 .Diving	4 divers/school	4 divers/school

* NOTE: Only those swimmers meeting the qualifying standard in the 500 Yard Freestyle will be allowed to compete.

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<u>EVENT</u>	<u>“AA” GIRLS</u>	<u>“AA” BOYS</u>
1. 200 yard Medley Relay	1 team/school	1 team/school
2. 200 yard Freestyle	2:22.00	2:19.00
3. 200 yard Individual Medley	2:42.00	2:32.00
4. 50 yard Freestyle	29.20	27.30
6. 100 yard Butterfly	1:19.00	1:15.00
9. 200 yard Freestyle Relay	1 team/school	1 team/school
7. 100 yard Freestyle	1:05.50	1:00.50
8. 500 yard Freestyle	*6:40.00	*6:15.00
10. 100 yard Backstroke	1:17.00	1:14.00
11. 100 yard Breaststroke	1:25.00	1:19.00
12. 400 yard Freestyle Relay	1 team/school	1 team/school
5. Diving	4 divers/school	4 divers/school

* **NOTE:** Only those swimmers meeting the qualifying standard in the 500 Yard Freestyle will be allowed to compete.