



47th Girls' and 78th Boys' Annual PIAA Cross Country Championships

CONDITIONS OF ENTRY

The 2017 PIAA Cross Country Championships shall be conducted pursuant to all applicable By-Laws, Policies and Procedures, and Rules and Regulations of PIAA. Additionally, it is important that the Principal, Athletic Director, and head cross country Coach of all individuals that will participate in the 2017 PIAA Cross Country Championships and all persons who will have responsibilities involving these activities be fully informed of the policies and procedures described herein. It is also necessary that everyone associated with these championships comply with all policies and procedures, without exception. Failure to comply may result in removal from the 2017 PIAA Cross Country Championships.

PIAA member schools are not required to enter PIAA championship events. Entry and participation in the 2017 PIAA Cross Country Championships are voluntary. Entry into the 2017 PIAA Cross Country Championships signifies that the member school accepts the fact that the PIAA Executive Director, or the Executive Director's designee, reserves the right to make changes in the management, operation, schedule, and site of the 2017 PIAA Cross Country Championships if, in the judgment of the Executive Director, or the Executive Director's designee, it is necessary to do so.

DISTRICT QUALIFIERS

Each PIAA District that sponsors a qualifying meet involving at least four (4) member schools sponsoring a cross country Team, which participates in at least 50% of the maximum permitted number of Regular Season Contests in that sport, shall be entitled to a minimum of one (1) Team entry (qualifier), and a minimum of five (5) non-Team individual entries (qualifiers), per enrollment classification, to the PIAA Cross Country Championships.

Additional entries (qualifiers) are computed on a modified proportional representation basis, with the larger Districts limited to an appropriate maximum number of Team and non-Team individual entries (qualifiers) to the PIAA Cross Country Championships.

It is permissible for a District to replace a maximum of one (1) Team entry with a maximum of seven (7) additional non-Team individual entries, thereby, increasing the maximum number of non-Team individual entries from that District by seven (7) entries, per enrollment classification, as qualifiers to the PIAA Cross Country Championships.

NOTE: Five (5) or more non-Team individual entries (qualifiers) from the same member school shall be eligible to receive a Team score.

CROSS COUNTRY

Maximum Number of Entries (Qualifiers) to the 2017-2018 PIAA Girls' and Boys' Cross Country Championships

TEAM ENTRIES						
District	A Girls	A Boys	AA Girls	AA Boys	AAA Girls	AAA Boys
I	1	1	1	1	5	5
II	1	1	2	2	1	1
III	2	2	3	3	4	4
IV	1	1	2	2	0*	0*
V	1	1	0*	1	0	0
VI	2	2	1	1	1	1
VII	4	3	3	3	3	3
VIII	0	0	0	0*	1	1
IX	2	2	1	1	0*	0*
X	2	2	2	2	0	1
XI	1	1	2	2	2	2
XII	<u>2</u>	<u>2</u>	<u>2</u>	<u>2</u>	<u>1</u>	<u>2</u>
Totals	19	18	19	20	18	20

*Indicates District(s) combined with another (other) District(s) to form a Region.

NON-TEAM INDIVIDUALS

I	5	5	5	5	25	25
II	5	5	10	10	5	5
III	10	10	15	15	20	20
IV	5	5	10	10	0*	0*
V	5	5	0*	5	0	0
VI	10	10	5	5	5	5
VII	20	15	15	15	15	15
VIII	0	0	0	0	5	5
IX	10	10	5	5	0*	0*
X	10	10	10	10	0*	5
XI	5	5	10	10	10	10
XII	<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>	<u>5</u>	<u>10</u>
Totals	95	90	95	100	90	100

*Indicates District(s) combined with another (other) District(s) to form a Region.

TEAMS

A cross country Team shall consist of seven (7) members. Eight (8) runners may be entered; however, a minimum of five (5) runners and a maximum of seven (7) runners shall be permitted to run.

DATES, SITE, AND STARTING TIMES

The 2017 PIAA Cross Country Championships will be conducted on the Parkview Cross Country Course, Hershey, PA.

CHAMPIONSHIPS SCHEDULE

Saturday, November 4, 2017

A Girls	- 9:30 a.m.
AA Girls	- 10:15 a.m.
AAA Girls	- 11:00 a.m.
A Boys	- 11:45 a.m.
AA Boys	- 12:30 p.m.
AAA Boys	- 1:15 p.m.
Awards Presentation	- 2:00 p.m. (Behind Start Line)

A limited number of complimentary results will be available to onsite media beginning at 2:00 p.m., on Saturday, November 4, 2017. Meet results, including places, times, and re-ranked Team results will be available on the PIAA Web site at www.piaa.org, on the Runner's High Web site at www.runhigh.com, and on the PennTrackXC Web site at www.penntrackxc.com.

REGISTRATION

Registration will be conducted from 12:00 p.m. until 5:00 p.m., Friday, November 3, 2017 at the gray trailer adjacent to the Finish Area on the Parkview Cross Country Course. Late registration will be conducted from 8:00 a.m. until 9:30 a.m., Saturday, November 4, 2017 also at the gray trailer adjacent to the Finish Area.

School Registration Packets shall include:

1. General Information Sheet.
2. Parking Pass.
3. Competition Number(s) with four (4) pins.
4. ChampionChips in numbered packets.
5. Complimentary Program (Includes: Map of Course; Starting Line Assignments, by Enrollment Classification, Competitors' Names; and Assigned Competition Numbers by Enrollment Classification, by PIAA District).

COMPETITOR'S UNIFORM

RULE 8, Cross Country, Section 6, Competitor's Uniform, of the 2017 NFHS Track and Field and Cross Country Rules Book, as modified by the PIAA Board of Directors, relevantly provides as follows:

ART. 1... Each team member's uniform shall be issued by the school, worn as intended by the manufacturer, be of the same color and design and have the following restrictions:

- a. Each competitor shall wear shoes.
 1. Shoes shall be worn on both feet and shall have an upper and definitely recognizable sole and heel.
 2. The (shoe) upper must be designed so that it can be fastened securely to the foot.
 3. The sole and heel may contain grooves, ridges or track spikes which are no longer than 1 inch.
 4. The use of slippers or socks does not meet the requirements of the rule.
- b. Each competitor shall wear a full length uniform top or one-piece uniform issued by the school.
 1. The top or one-piece uniform may have school identification and the top may have the competitor's name.
 2. The top shall not be knotted or have a knot-like protrusion.
 3. A single manufacturer's logo/trademark/reference, no more than 2¼ square inches with no dimension more than 2¼ inches, is permitted on the top or one-piece uniform.
 4. One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.
 5. Bare midriff tops are not allowed.
 6. The top must hang below or be tucked into the waistband of the bottom when the competitor is standing upright.
 7. Any visible garment(s) worn by two or more team members underneath the uniform top and/or underneath the uniform bottom, extending below the knees, shall be unadorned and of the same single, solid color, but not necessarily the same length. As per NFHS rules, a single, visible manufacturer's logo and/or single school name or insignia no more than 2¼ inches are permitted on the undergarment.

NOTE:

1. Visible items worn under both the top and the bottom do not have to be the same color.
2. If more than one visible garment is worn under the uniform top, all must be the same color.
3. A visible garment worn under the uniform top displaying contrasting stitching to the single, solid color of the undergarment and functions as the actual seam for the undergarment's construction is legal.

c. Each competitor shall wear a uniform bottom or one-piece uniform issued by the school.

1. The bottom or one-piece uniform may have the school identification.
2. Loose-fitting, boxer-type bottoms or compression-style bottom are permitted for boys and girls. Closed-leg briefs are acceptable for girls.
3. French or high-cut apparel shall not be worn in lieu of the uniform bottom.
4. The waistband of a competitor's bottom shall be worn above the hips.
5. A single manufacturer's logo/trademark/reference, no more than 2¼ square inches with no dimension more than 2¼ inches, is permitted on the bottom or one-piece uniform.
6. One American flag, not to exceed 2 inches by 3 inches, may be worn or occupy space on each item of uniform apparel. By state association adoption, to allow for special occasions, commemorative or memorial patches, not to exceed 4 square inches, may be worn on the uniform without compromising its integrity.
7. Any visible garment(s) worn by two or more team members underneath the uniform top and/or underneath the uniform bottom, extending below the knees, shall be unadorned and of the same single, solid color, but not necessarily the same length. As per NFHS rules, a single, visible manufacturer's logo and/or single school name or insignia no more than 2¼ inches are permitted on the undergarment.

NOTE:

1. Visible items worn under both the top and the bottom do not have to be the same color.
2. If more than one visible garment, which extends below the knees, is worn under the uniform bottom, all must be the same color.

3. A visible garment worn under the uniform bottom, which extends below the knees, displaying contrasting stitching to the single, solid color of the undergarment and functions as the actual seam for the undergarment's construction is legal.

PENALTY: For the wearing of an illegal uniform, when a violation is observed and noted by a meet official, the competitor shall be required to make the uniform legal before becoming eligible for further competition, and shall be issued a warning that a subsequent violation shall result in a disqualification from the event. The referee shall be notified of the violation by the observing meet official, and the referee shall then notify or cause to be notified the head coach of the offending school of the competitor's violation and warning.

ART. 2... A competitor shall wear the assigned contestant number and/or computerized transponders/chips during competition. The number and/or transponders/chips shall be worn, unaltered, for purposes of official timing and place finish.

PENALTY: A competitor not wearing the assigned contestant number and/or computerized transponders/chips or altering such items in a manner which interferes with the recording of place finish is a rule violation resulting in disqualification from the race. NOTE: The referee may address irregularities 3-4-6 regarding the wearing of assigned number and/or chips.)

ART. 3... Removing any part of the team uniform, excluding shoes, while in the area of competition, as defined by the games committee, is illegal.

PENALTY: This shall lead to a warning and if repeated, to disqualification from the event. If the incident recurs, the competitor will be disqualified from further competition in the meet.

NOTE: The wearing of a medical alert with the alert visible is encouraged for risk minimization. The ultimate responsibility to have each competitor compliant with uniform rules and other reasonable and legal items is with the coach.

The Games Committee is authorized to permit undergarments, which do not adhere to the logo restriction, if inclement weather gear is authorized.

CONTESTANTS' NUMBERS

Contestants' numbers, as assigned by PIAA, are set forth in the PIAA Cross Country Championships program. Head cross country Coaches are responsible for distributing to their runners the appropriate PIAA-assigned contestant number.

Assigned contestants' numbers must be securely pinned at all four (4) corners to the outside of the front of the runner's school-issued uniform top, beginning at mid-torso level (not the chest), so as to be plainly visible from a distance of at least twenty (20) meters, as follows:



CHAMPIONCHIPS

At registration, all head Coaches will be issued a packet containing ChampionChips. The timing chips will be in numbered envelopes that will be consistent with the PIAA-assigned competition number for each runner. Please distribute the appropriate pair of timing chips to your runners, making sure not to mix them up. The computer file is pre-calibrated with the data for each runner matching the competition number for that runner.

The timing chips must be securely laced through each of the competitor's shoes, so that they will not come off during competition. However, **PLEASE DO NOT TAPE OVER THE TIMING CHIPS AS THIS MAY DISRUPT THE TRANSMISSION OF DATA FROM THE CHIPS TO THE TIMING MATS!**

Coaches will be responsible for collecting the timing chips from their Team or non-Team individual(s), immediately following the conclusion of each championship race involving their runners. At the conclusion of all races involving your runners, please return those chips to a designated area adjacent to the Finish Area. Schools will be charged \$35.00 for each unreturned ChampionChip or \$70.00 for each unreturned pair of ChampionChips. It is imperative that runners are instructed on the importance of properly securing the timing chips to their shoes and returning them to their head Coach immediately following their championship race.

COURSE AND SPIKES

The cross country course is 5000 meters (3.1 miles) in length. The course is almost entirely grass with a few gravel and/or macadam surfaces being crossed by contestants while running the race. The course will be clearly marked with white lines and flags (RED flag indicates a turn to the left and YELLOW flag indicates a turn to the right). Splits will be visible on a digital clock adjacent to the timing mats laid across the course at the one (1) mile and two (2) mile marks. ALL RUNNERS ARE REQUIRED TO RUN THE PRESCRIBED COURSE! If any competitor fails to run the proper course, or receives any assistance from any other person, COURSE UMPIRES shall report the infraction to the MEET REFEREE.

STARTING LINE PROCEDURES

Competitors must report to the starting line ten (10) minutes before the starting time. Lane positions will be checked five (5) minutes before the starting time.

FINISH LINE PROCEDURES

Runners are instructed to run through the Finish Area and over both timing mats. Officials will exercise maximum effort to get runners away from the Finish Area; however, it is the responsibility of the contestants to move quickly through to the back and exit the Finish Area.

MEET SCORING, RESULTS, AND CORRECTION OF ERRORS

PIAA authorizes the use of a picture-based finish/timing system, which, in conjunction with chip timing or other electronic timing system which is attached to the shoe(s)/torso of each runner, enhances the accuracy of the finishing position of each runner by utilizing the torso breaking the plane of the finish line.

FinishLynx will provide a picture-based finishing/timing system, to confirm the order of finish.

Results are official when posted under the approval of the Meet Director. Clerical or Team scoring errors may be corrected up to 48 hours after the conclusion of the meet. Correction of meet results involving a contestant who has been disqualified from the meet may be made any time. Appeals regarding misapplication of the rules shall be filed within 30 minutes after the results have been announced or made official.

MEDALS AND TROPHIES

Awards will be presented behind the Start Line, after all races are completed and all scores are tabulated. The championship and the runner-up Teams in each class, both girls and boys, will receive trophies. Members of the champion and runner-up Teams will receive medals (ten [10] per Team). The top twenty-five (25) individual finishers in each class, both girls and boys, will receive medals.

EMERGENCY HEALTH CARE

PIAA Sports Medicine personnel will be present to provide emergency healthcare to participating contestants. An EMS crew will be available to provide emergency assistance and transportation, as needed. PIAA Sports Medicine personnel reserve the right to charge a school for any training supplies that were supplied by PIAA Sports Medicine personnel or that were used by the school. SCHOOLS ARE RESPONSIBLE FOR PROVIDING THEIR QUALIFIERS WITH WATER!

LODGING AND MEALS

Housing is not available at the Parkview Cross Country Course and housing will not be provided by PIAA. If needed, a representative of each participating school must make arrangements for housing and for meals, as required, for the school's competitor(s) and Coach(es). An abbreviated list of hotels and motels in the Harrisburg/Hershey area is available on the PIAA Website at www.piaa.org.

Toll free reservations are available through (1) Hershey Group Room Reservations at (800) 437-7439 or visit their Web site for online reservations at www.hersheypa.com; (2) Hershey Harrisburg Regional Visitors' Bureau at (800) 995-0969 or (877) 727-8573 or visit their Web site for online reservations at www.hersheyharrisburg.org; or (3) visit the Hershey Harrisburg Area Welcome Center Web site at www.visithhc.com.

COURSE INSPECTION

QUALIFYING MEMBER SCHOOL TEAMS AND NON-TEAM INDIVIDUAL(S) ARE PROHIBITED FROM INSPECTING THE CHAMPIONSHIP COURSE PRIOR TO 12:00 P.M. ON FRIDAY, NOVEMBER 3, 2017. VIOLATIONS MAY RESULT IN DISQUALIFICATION FROM THE 2017 PIAA CROSS COUNTRY CHAMPIONSHIPS. NO EXCEPTIONS! Cross country course inspection will be permitted from 12:00 p.m. until 5:00 p.m., Friday, November 3, 2017 and from 8:00 a.m. until 9:00 a.m.,

Saturday, November 4, 2017, under the following conditions:

1. Individual qualifiers and qualifying Teams may jog or walk the cross country course only while under the direct supervision of the individual qualifier's Coach(es) or qualifying Team's Coach(es).
2. Individual qualifiers and qualifying Teams are restricted to the cross country course which will be clearly marked with white lines and flags (RED flag indicates a turn to the left and YELLOW flag indicates a turn to the right).
3. Interference with visitors or conduct by any person or persons which may cause a distraction or harm to any other person or persons or to the Parkview Cross Country Course is PROHIBITED.
4. Activities such as, but not limited to, pick-up touch football games, soccer games, and Frisbee throwing are PROHIBITED.

PARKING

Parking for competing schools on Friday, November 3 and Saturday, November 4, 2017 will be restricted to the reserved parking area located adjacent to the Parkview Cross Country Course. Signage located along HERSHEY PARK Drive will direct competing schools to that reserved parking area. EACH QUALIFYING SCHOOL WILL RECEIVE ONE (1) PARKING PERMIT VALID FOR RESERVED PARKING ON SATURDAY, November 4, 2017, ONLY.

SPECTATOR DECOREM

Spectators will be permitted to walk the course in support of qualifiers throughout the day of competition. Coaches, athletes and spectators who choose to walk the course are requested to adhere to the following guidelines:

1. Stay behind the white lines while the runners are on the course and adjacent to your area. Do not cross over the course and impede a runner(s) at any time during competition.
2. Dogs are to be leashed at all times and under the direct control of the handler. Handlers must clean up after their dogs on the grounds of Hershey Entertainment and Resorts.
3. Coaches who choose to ride bicycles must give way to spectators and may not impede the runners in any fashion.
4. Activities such as, but not limited to, pick-up touch football games, soccer games, and Frisbee throwing are PROHIBITED.

PARKING FEE

Spectators desiring to park on Saturday, November 4, 2017 will be charged a \$9.00 per vehicle parking fee. Spectator parking on Saturday, November 4, 2017 will be limited to the lots of the GIANT Center.

Pedestrians crossing the HERSHEY PARK Parking access drive will be restricted to the crosswalks adjacent to the GIANT Center.

USE OF DRONES

For the purposes of this policy, a drone is any unmanned aerial device ("UAV").

Drones are not permitted above the competition surface or spectator areas during interscholastic Contests, Inter-school Practices or Scrimmages. Drones may not be used to scout opposing team Practices. Member schools may utilize drones for their own school team practice sessions based upon their local school policies.

Persons and/or schools violating this Policy shall be subject to sanctions which may be imposed under Sections 5, 6, 7 and/or 9 of ARTICLE XIII, PENALTIES, of the PIAA By-Laws.

Upon timely requests submitted to PIAA, the Executive Director is authorized to grant exceptions to this policy on a case-by-case basis for PIAA broadcast partners in conjunction with any host school/facility local policies.

CHAMPIONSHIPS MERCHANDISE

CR&A Designs is the official exclusive merchandise representative of PIAA. CR&A Designs will offer official PIAA merchandise, novelties and souvenir programs at the PIAA Cross Country Championships on Friday, November 3 and Saturday, November 4, 2017. All items will be available adjacent to the Start/Finish area as well as the CR&A Designs online store. Anyone that would like to receive PIAA Championships merchandise after the event can visit the CR&A Designs online store by clicking "Store" at www.piaa.org.

PIAA®, PIAA Traditional Logo®, P.I.A.A. OFFICIAL and Design®, and SPORTSMANSHIP: THE ONLY MISSING PIECE IS YOU! and Design® are marks registered with the United States Patent and Trademark Office and are for the exclusive use of the Pennsylvania Interscholastic Athletic Association, Inc. Any use of PIAA's marks by third parties, without the express written consent of the Pennsylvania Interscholastic Athletic Association, Inc., is strictly PROHIBITED!